

Appendix H: All Food Inventory Assessment (post- inventory)



School District of Altoona Food and Nutrition Department

1903 Bartlett Avenue • Altoona, Wisconsin 54720
715-839-6056 • Fax 715-552-4482 • pehrhard@altoona.k12.wi.us
<http://www.altoona.k12.wi.us/foodservice>

"On Track with Altoona Food Service"

February 20, 2009

Altoona middle and high school ala-carte products are reviewed to be sure they are compliant before ordering. We follow all Department of Public Instruction, American Beverage Association and USDA requirements. No ala-carte is offered in the elementary building. Vendors we use for products are:

Indianhead Foodservice (snacks, hot food items)
Cedar Crest (ice cream)
Coca-Cola (water, flavored water, vitamin water)
Morning Glory (flavored milk)
McKee (granola bars)

Peggy Ehrhard CDM CFPP
Foodservice Supervisor
Altoona School District

Physical Stock Count

Confidential

Altoona Depot

SKU	Description	Stock	Your Count
<u>CANDY</u>			
<u>.10/Cent Candy</u>			
073390002015	AIRHEADS ASSORTED	0.00	53
<u>.25/Cents Candy</u>			
016000130555	FRUIT ROLLUPS ?	19.00	12
029000070608	PLANTERS SALTED CASHEWS	0.00	
029000072336	PLANTERS HONEY	0.00	
029000090422	PLANTERS SALTED PEANUTS	45.00	
107083	JOLLY RANCHER LOLLIPOPS	33.00	
1600050296	FRUIT ROLL	0.00	
<u>.50/Cent Candy</u>			
016000502987	FRUIT BY FOOT	0.00	
028000814229	LAFFY TAFFY ROBE	0.00	
028400025287	MUNCHIES CHEESEFIX	0.00	
028400085298	CRACKER JACK	0.00	
034000844012	HERSHEY'S SNACKERS	0.00	
034000844036	REESE'S SNACKSTERS	0.00	
038000270444	YOGOS ISLAND EXPLOSION ?	13.00	13
038000270482	YOGOS STRAWBERRY SLAM ?	11.00	4
038000296659	FRUITY SNACKS MIXED BERRY ?	0.00	0
038000296680	FRUITY SNACKS STRAWBERRY ?	0.00	8
038000296710	FRUITY SNACKS CHERRY ?	0.00	1
041116005190	RING POP	0.00	
041364084725	SIPNCHW	0.00	
043000169230	OREO CALORIE BARS C	4.00	4
043000169544	CHIP AHOY CALORIE BARS C	2.00	1
043000169612	NUTTER BUTTER CALORIE BARS	0.00	
044000001452	FIG NEWTONS FAT FREE	0.00	
044000037420	OREO	19.00	
073390000165	MENTOS FRUIT	0.00	5
073390001834	MENTOS APPLE	0.00	2
073390026349	MENTOS STRAWBERRY	0.00	2
079783406200	PEANUT BUTTER CRACKERS	0.00	
079783406408	AUSTIN CRACKERS VARIETY	0.00	10
098023	TIC TAC CINNAMON	21.00	3
098033	TIC TAC ORANGE	127.00	
098043	TIC TAC SPEARMINTS	28.00	
098063	TIC TAC CITRUS TWIST	0.00	
098073	TIC TAC WINTERGREEN	19.00	
098083	TIC TAC LIME	11.00	
210970	BREADSTICKS 'N CHEEZ	0.00	14
300430	MINI DELIGHTS CHOCOLATEY DRIZ	0.00	
300480	MINI DELIGHTS BUTTERED POPCOR	0.00	
341690	HERSEY KISSABLES	13.00	25
344900	HERSEY CARAMEL	0.00	
347640	BREATHSAVERS PEPPERMINT	0.00	
347670	BREATHSAVERS WINTERGREEN	0.00	
402590	STARBURST GUMMI BURSTS	0.00	

Altoona High School Decca students School Store Physical Stock Count run the store Confidential Inventory

Altoona Depot

SKU	Description	Stock	Your Count
SNACKS			
<u>Bakery</u>			
016000264793	NATURE VALLEY PEANUT BUTTER	0.00	
1016000289291	NATURE VALLEY ROASTED ALMOND	13.00	20
1016000295797	NATURE VALLEY APPLE CRISP	7.00	
017082000033	JACK LINK BEEF STEAK ✓	0.00	8
029000076822	PLANTERS PEANUTS ✓	1.00	19
038000311314	POP TARTS BROWN SUGAR	66.00	
038000317316	POP TART STRAWBERRY	82.00	
070953891055	DUCHESSE CHOCOLATE DONUTS	0.00	
077034009873	KARS TRAIL MIX ?	0.00	22
447530	CHIPS AHOY 100 CALORIES ✓	40.00	
447820	OREO 100 CALORIES ✓	30.00	
<u>Chips</u>			
016000122505	CHEX MIX	10.00	
016000166097	GARDETTOS	0.00	8
024100122615	CHEEZ-IT	0.00	
028400055611	DORITOS 100 CALORIES ✓	21.00	1
028400055680	SUN CHIPS 100 CALORIES ✓	21.00	117
028400055697	CHEETOS 100 CALORIES ✓	22.00	
020000441176	QUAKERSQUAKE	14.00	
041419714713	COMBOS CHEDDAR CHEESE	0.00	
044000009298	RITZ BITZ	22.00	
076150208344	ACT II POPCORN MINI BAGS	42.00	5
076150430516	POPCORN BUTTER LOVERS	0.00	
308550	QUAKERGRANOLABITESCHOCOLATE ?	4.00	
308560	QUAKERGRANOLABITESPEANUTE BUT ?	7.00	
308570	QUAKERGRANOLABITESCINNAMON ?	8.00	
374030	PRINGLES SOURCREAM	2.00	
374180	PRINGLES ORIGINAL	15.00	
374330	PRINGLES CHEEZUMS	1.00	
<u>Crackers</u>			
039800045584	AA BATTIERS	0.00	5
044000000479	TEDDY GRAHAM HONEY	0.00	
044000008390	MINICHIPS AHOY	0.00	
044000008499	NUTTERBUTTERBITES	0.00	
044000008536	MINIOREOS	0.00	
079783409751	ANIMAL CRACKERS ?	25.00	2
<u>Meat Snacks</u>			
017082890306	JACK LINK XTREME	0.00	

Physical Stock Count

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Altoona Depot

SKU	Description	Stock	Your Count
349520	REESE FAST BREAK	39.00	
400030	3 MUSKETEERS	34.00	11
400230	TWIX ORIGINAL	0.00	
400310	M AND M'S REGULAR	0.00	43
400320	M & M PEANUT	0.00	19
400510	STARBURST ORIGINAL	0.00	
400860	CHOCOLATE SKITTLES	9.00	8
400960	SKITTLES SMOOTHIE MIX	25.00	
401010	MILKYWAY	10.00	13
401020	SNICKERS	0.00	50
401440	M & M PEANUT BUTTER	24.00	
401550	STARBURST BAJA CALIFORNIA	0.00	
401560	STARBURST TROPICAL FRUITS	0.00	33
401600	SKITTLES ORIGINAL	0.00	12
401620	SKITTLES WILD BERRY	0.00	10
401630	SKITTLES TROPICAL	0.00	6
402660	SKITTLES SOUR PATCH	0.00	
404580	M AND M'S DARK	12.00	
405810	MMSRAZZBERRY	0.00	
406130	MANDMDARKCHOCPEANUT	0.00	
407880	SKITTLES CRAZY CORES	0.00	24
407930	SNICKERS DARK	5.00	
409700	STARBURST FAVEREDS	0.00	6
791652	SPREE ORIGINAL	0.00	
791852	SPREE CHEWY	0.00	
793362	NERDS	27.00	
793369	NERDSSOUR	2.00	
1.00/Candy			
012546612319	TRIDENT COOL RUSH	0.00	
012546615310	TRIDENT SPEARMINT	0.00	
012546615952	TRIDENT WATERMELON	0.00	
012546619592	TRIDENT TROPICAL TWIST	0.00	
012546671231	TRIDENT SPLASH STRAWBERRY LIM	0.00	
012546671279	TRIDENT SPLASH PEPPERMINT VAN	0.00	
012546671514	TRIDENT STRAWBERRY FUSION	0.00	
012546671552	TRIDENT GREEN APPLE FUSION	0.00	
012546680028	STRIDE WINTERBLUE	0.00	
012546680042	STRIDE SPEARMINT	0.00	
012546680196	STRIDE SWEET PEPPERMINT	0.00	
012546680219	STRIDEFOREVERFRUIT	0.00	
012546680622	STRIDE SWEETBERRY	1.00	
012546680714	STRIDE SWEET CINNAMON	0.00	
012546680783	STRIDE ALWAYS MANDARIN	0.00	
044000008512	CHEESE NIPS	0.00	
220280	ORBIT WHITE	0.00	
220920	EXTRA WILDBERRY FROST	0.00	
221470	EXTRA COOL GREEN APPLE	0.00	
222680	EXTRA WATERMELON GUM	0.00	
222690	ORBIT LEMON-LIME	0.00	

Physical Stock Count

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Altoona Depot

SKU	Description	Stock	Your Count
012000017421	AQUAFINA FLAVOR SPLASH GRAPE	17.00	
043000939086	CRYSTALLIGHT LEMONADE	0.00	
043000939109	CRYSTALLIGHT RASBERRY ICE	0.00	
043000945889	CRYSTALLIGHT CLASSIC ORANGE	0.00	
070847852223	VIDRATION	0.00	33
083046000135	ICE MOUNTAIN	0.00	
121080	AQUAFINA	0.00	
121590	AQUAFINA WATER	0.00	
✓ 82746	NESTLE WATER	0.00	4
739510001046	SOBE LIFE WATER ORANGE TANGER	3.00	
739510001084	SOBE LIFE WATER PASSION FRUIT	12.00	4
739510001121	SOBE LIFE WATER BLACKBERRY GR	11.00	10
739510001138	SOBE LIFE WATER STRAW/KIWI	0.00	



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**Nutrition Information
For Bottles and Cans**

Sports Drinks

		CALORIES	TOTAL FAT (g)	SODIUM (mg)	TOTAL CARBS (g)	SUGARS (g)	PROTEIN (g)
Brand	Product						
GATORADE ALL STARS	Gatorade All Stars - Berry	90	0	160	22	22	0
	Gatorade All Stars - Fruit Punch	90	0	160	22	22	0
	Gatorade All Stars - Grape	90	0	160	22	22	0
	Gatorade All Stars - Ice Punch	90	0	160	22	22	0
	Gatorade All Stars - Lemon-Lime	90	0	160	22	22	0
	Gatorade All Stars - Orange	90	0	160	22	22	0
	Gatorade All Stars - Strawberry	90	0	160	22	22	0
G2	G2 Fruit Punch	40	0	160	10	10	0
	G2 Grape	40	0	160	10	10	0
	G2 Orange	40	0	160	10	10	0

Not a significant source of other nutrients.

*Percent Daily Values (DV) are based on a 2,000-calorie diet.

Information reflects rounding as required by the Food & Drug Administration (21 CFR 101). This may produce occasional irregular different serving sizes.

Products may not be available in all areas.

Last Updated: November 14, 2008

Vending Machine changed to comply
with American Beverage Association
School Beverage Guidelines



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HOME

ABOUT OUR
PRODUCTS

Home > About Our Products > Info By Category

See Nutrition & Ingredient Information for Groups of our Products

Pick a brand group or beverage category and the type of information you'd like to see.

Product Category:

Type:

Size:

Information:

UPDATE



 **Helper 1**

Need help? Click on a co-dashes? They

Fruit Flavored Beverages		CALORIES	TOTAL FAT (g)	SODIUM (mg)	TOTAL CARBS (g)	SUGARS (g)	PROTEIN (g)
Brand	Product						
SOBE	SoBe Energy	110	0	15	27	27	0
	SoBe Nirvana	120	0	15	29	29	0
	SoBe Power	110	0	15	27	27	0
	SoBe Yumberry Pomegranate	100	0	20	26	25	0
SOBE LEAN	SoBe Lean Diet Blackberry Cranberry	5	0	30	1	0	0
	SoBe Lean Diet Cranberry Grapefruit	5	0	15	1	0	0
	SoBe Lean Diet Energy	5	0	15	1	1	0
	SoBe Lean Diet Mango Melon	5	0	15	1	0	0

Not a significant source of other nutrients.

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Products may not be available in all areas.

8.02.

**Nutrition Information
For Bottles and Cans**

No Fear

Brand	Product	CALORIES	TOTAL FAT (g)	SODIUM (mg)	TOTAL CARBS (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A %DV*	VITAMIN C %DV*
SOBE LIFE WATER	SoBe Life Water Blackberry Grape	40	0	20	16	9	0	0	100
	SoBe Life Water Cold Melon	40	0	20	17	10	0	0	100
	SoBe Life Water Açaí Lemonade	40	0	20	16	10	0	0	100
	SoBe Life Water Orange Mandarin	40	0	25	17	10	0	0	100
	SoBe Life Water Passionfruit Citrus	40	0	25	17	10	0	0	100
	SoBe Life Water Pomegranate Cherry	40	0	25	17	10	0	0	100
	SoBe Life Water Strawberry Kiwi	40	0	20	17	10	0	0	100
	SoBe Life Water Yuzu Black Currant	40	0	20	17	9	0	0	100

Not a significant source of other nutrients.

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Last Updated: November 14, 2008



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**Nutrition Information
For Bottles and Cans**

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Altoona School District

1903 Bartlett Ave Altoona, WI 54720

School Health Service



Dear DECA Students,

2/16/09

Thank you for your continued service to the students and staff of the Altoona High School.

As you have heard, there is a growing problem of obesity, poor nutrition choices, and lack of physical activity among school students. Because of this, there is a health promotion project happening in this school district.

Altoona High School is doing a version of Movin' and Munchin', a health promotion project which is supported by Student Council.

What I am asking is that the DECA store considers acting these recommendations to promote healthy choices.

Healthy Promotion Recommendations
(Post Inventory review of DECA Store)

- Decrease soda size to 12 oz to comply with the American Beverage Association Guidelines. (Included in packet)
- Remove sodas as it can cause tooth decay. Please review American Dental Association Pamphlet
- Please consider an A+ choice section in the DECA store.
Move products to the top display shelf that comply with A+ Choice*.
I will provide you with the signage for the store as well as my consultation.
Advertise the A+ Choice* and market it to the students as a positive store change.
- Replace the current inventory with 10 foods that comply with the A+ Choice* as requested per student survey. (Results will be provided to you)
- Review the Altoona School District Wellness Policy
<http://www.altoona.k12.wi.us/District/BOARD/jhk.pdf> and be aware of its recommendations.

Thanks for your time and consideration.

Anita Schubring RN
Altoona School District Nurse



CHOICE

There are many product options on packages; it's hard to make healthy food choices with ease. This logo is a quick easy way to identify foods that can be a part of a healthy diet.

Means:

That the individual food item is:

- is lower in fat < 10 grams/serving
- is lower in calories < 200 /serving
- may contain whole grain noted on the label
- may contain a source dietary fiber
- is a fruit or vegetable



Altoona School District

1903 Bartlett Ave Altoona, WI 54720
School Health Service



Dear Ed,

Thank you for your continued support of the students of the Altoona School District and staff.

As you have heard, there is a growing problem of obesity, poor nutrition choices, and lack of physical activity among school children. Because of this there is a health promotion project happening in the school district. In the Elementary and Middle school the Project is called Movin' and Munchin'.

The High school is doing a version of Movin' and Munchin' health promotion project which is supported by Student Council. I have included the information that the teachers received regarding what they are doing to promote health at all at all three schools.

What I am asking is, that you would consider (in addition to what you are doing now) to add healthy choices to your menu on items sold.

Please consider an A+ choice section in the concession stand. I will provide you with the signage for the stand as well as my help.

I have included the Altoona School District Wellness Policy web link

<http://www.altoona.k12.wi.us/District/BOARD/jhk.pdf> and the A+ choice information. The A+ choice is logo will be used through out the school district. Students, staff and parents will be taught the meaning and its use.



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Thanks for your time and consideration
Stay Healthy,

Anita Schubring RN
Altoona School District Nurse

Ed Bohn is person who runs the AHS concession stand.
It is staffed by the Altoona Booster Club.
Ed Bohn is also ASD School Board President



Altoona School District
School Health Service
1903 Bartlett Ave Altoona, WI 54720

Dear Altoona Booster Club,

Thank you for your continued support of the students of the Altoona School District and staff.

As you have heard, there is a growing problem of obesity, poor nutrition choices, and lack of physical activity among school children. I know that fundraisers do not cause this problem by itself.

I am aware that in a few months that you will be choosing your fund raiser for next year. What I am asking is that you would consider adding healthy choices to your items sold.

I have included the Altoona School District's A+ choice recommendations that students will be learning and Altoona School District Wellness Policy <http://www.altoona.k12.wi.us/District/BOARD/jhk.pdf> for your reference and to be aware of its recommendations.



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Anita Schubring RN
Altoona School District Nurse



Altoona School District
School Health Service
1903 Bartlett Ave Altoona, WI 54720

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Altoona School District Nurse